



In Conjunction with National Pain Awareness Week:
Brainworks Presents

**Easing Chronic Pain:
Medical, Legal and Psychological Perspectives**

uffering is Optional!

Brainworks invites you to join us for a power breakfast seminar to hear the latest from the Medical, Legal and Psychological communities on current practices to reduce suffering from pain and to improve quality of life.

Guest Speakers / Panelists:

Dr. Dwight Moulin, M.D., FRCP

Professor, Clinical Neurological Sciences and Oncology, U.W.O.

Mr. Jim Mays, LL.B.
Lawyer, Partner at Siskinds LLP

Ms. Arden McGregor, MA., C.Psych.Assoc., CBIST
Executive Director, Brainworks

Date: Thursday November 5th, 2009
Time: 8:00am to 10:30 a.m.
Location: Best Western Stoneridge Inn
6675 Burtwistle Lane, London, On
NB: Places are limited

RSVP: by Friday October 23, 2009

Call Brainworks at (519) 657-1180 ext. 0 or email admin@brainworksrehab.com

Chronic Pain can be a demoralizing condition with debilitating effects impacting all areas of one's life. The pain itself can be unbearable; often leading to secondary conditions which further increase disability. Living with chronic pain may not be an option; however, suffering from it is. Clients experiencing chronic pain are on an endless quest for relief, understanding and support. It is our goal to assist them by shedding light on the many options and strategies our rehabilitation community has to offer.

Guest Speakers / Panelists

Dr. Dwight Moulin: Dr. Moulin is a Professor in the Departments of Clinical Neurological Sciences and Oncology at the University of Western Ontario and the Earl Russell Chair of Pain Research at U.W.O. He is also Medical Director of Pain and Symptom Management at the London Regional Cancer Program and Head of the Division of Neurology at the Victoria Campus at London Health Sciences Centre in London, Ontario. Dr. Moulin sees patients who require pain and symptom management as part of the Supportive Care division of the London Regional Cancer Program. His research involves observational studies and randomized controlled trials in the management of neuropathic pain.

Mr. Jim Mays: Jim Mays is a partner with Siskinds LLP in London Ontario. He earned both his B.Sc. (Computer Science, 1982) and his LL.B. (1985) at the University of Western Ontario. He was called to the bar in 1987. Since his call, he has practiced at Siskinds LLP and has been a partner since 1992. Jim is a litigator who represents both Plaintiffs and Defendants in personal injury and insurance cases. Jim has appeared before all levels of court in Ontario and has had cases reviewed by the Supreme Court of Canada. He has also appeared before various tribunals including FSCO, WSIAT, and CPP.

Ms. Arden McGregor: As co-developer of Brainworks' "Contain Your Pain" program, Arden has translated the concept that "suffering is optional" into a psychologically based chronic pain treatment protocol. Arden began her career in pain management over eighteen years ago as a member of an inpatient, interdisciplinary chronic pain rehab program. Since then, she has provided pain management services in the public and private sectors--in hospitals, clinics and the community--to both individuals and groups. One of her main areas of focus has been working with those with dual diagnoses such as brain injury plus chronic pain. Arden's involvement in the community mirrors her extensive clinical career. Amongst her many volunteer projects, she has given numerous presentations and seminars in varied contexts across the province. She is a member of the College of Psychologists of Ontario and she is currently involved in the national / international pain management scene as an active member of a half dozen pain associations.



For every person who attends, Brainworks will be making a special donation to the Canadian Pain Coalition

